



TOOTHLESS NO MORE

THE ESSENTIAL GUIDE
to Restoring Your Teeth Through Dental Implants

An eBook proudly brought to you by



Because *Expertise Matters*

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CAUSES OF TOOTH LOSSES AND PAIN

Do you know that the biting force of human males can be as much as 120 kg for our first molars? Or that we bite stronger than any of the great apes when adjusted for size? Unfortunately, negligence in oral health over the long run results in advanced gum disease or dead tooth. Accidents and our hereditary factors may also lead to tooth loss. Here are some of the causes for tooth losses.

ADVANCED GUM DISEASE

Made of tissue and ligaments that keep your teeth stable, your gums work as protective shields for your tooth roots. They also stimulate your jaw bone to grow around the tooth. When bacteria cause an inflammation of your gums, these ligaments start vanishing. Your gum may then pull back, resulting in a loss of bone surrounding your tooth.

Also called periodontal disease, gum disease loosen your teeth and expose your sensitive tooth roots. This makes it an easy job for bacteria to form on your teeth, resulting in tooth-root decay and tooth loss.

ACCIDENTS

If you are an active sportsperson, you may encounter accidents which could lead to the loss of one or several teeth and cause trauma to your gums and jaw bone. Often, trauma only becomes apparent months or years after the accident, when it has already impacted the tooth root.

HEREDITARY FACTORS

Some people are born with a reduced number of teeth or no teeth at all. This is an illness also known as congenital anodontia. Others may never develop their permanent adult teeth. Sometimes the surface of your tooth (enamel) is not strong enough, which can create cone or peg-shaped teeth (ectodermal dysplasia).

DEAD TOOTH

Dental plaque is a biofilm which forms on your teeth and gives it that rough sensation. If it is not regularly brushed away with a toothbrush, plaque may attract bacteria which transforms sugar and starch in your mouth into acids. These acids have a negative effect on the tooth enamel by dissolving the minerals that harden it.

With time, this can destroy your teeth by creating holes (cavities). If these cavities are not treated in a timely and proper manner, the decay may spread deep into the gum tissues and your tooth may die.

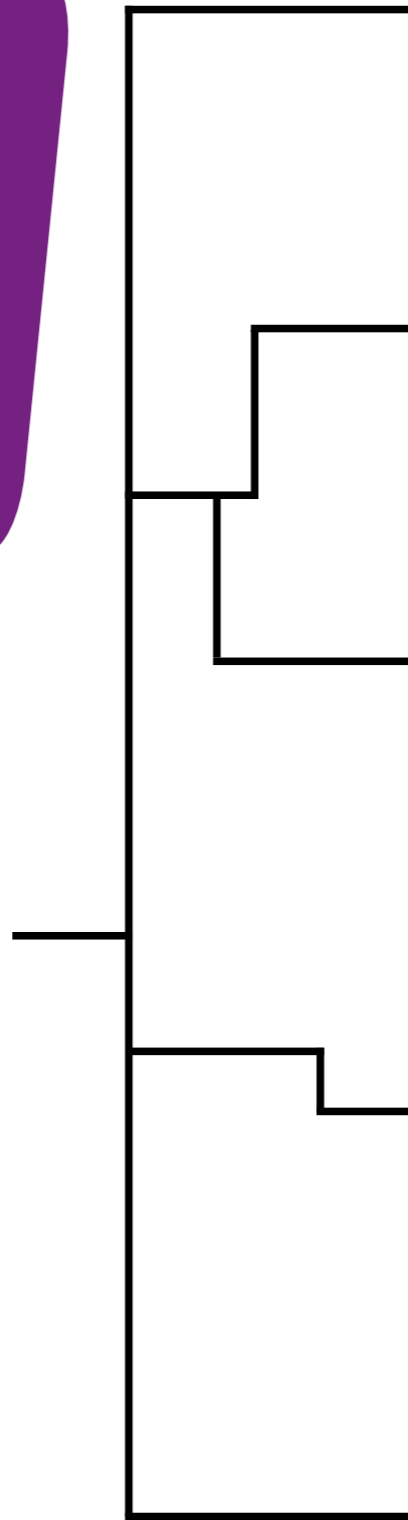
“Did you know?”

3.6 billion people around the world are missing their teeth? Half of the world's populations is missing one or several teeth.



WHAT YOU MISS OUT IN LIFE WITH MISSING TEETH

Your teeth play an important part in your daily life. It not only helps you to chew and eat your food, but frames your face. Any missing tooth can have a major impact on your quality of life. It can also affect your dental and oral health over the long-term.



IMPAIRMENT OF SPEECH

When you lose your teeth, especially a row of them, your ability to speak clearly and audibly may be affected. This could affect your ability to communicate with others.

INABILITY TO CHEW

Missing teeth (especially back teeth) also negatively impacts how we chew. You may no longer enjoy your favourite foods like nuts, steaks, and other dishes.

HEADACHES AND MIGRAINES

When your tooth goes missing, healthy teeth may shift position towards the gap due to bone loss. This could affect how your upper and lower teeth meet, resulting in an impact on surrounding muscles and joints. This may result in pain and various other symptoms such as headaches or migraines.

LOSS OF BONE

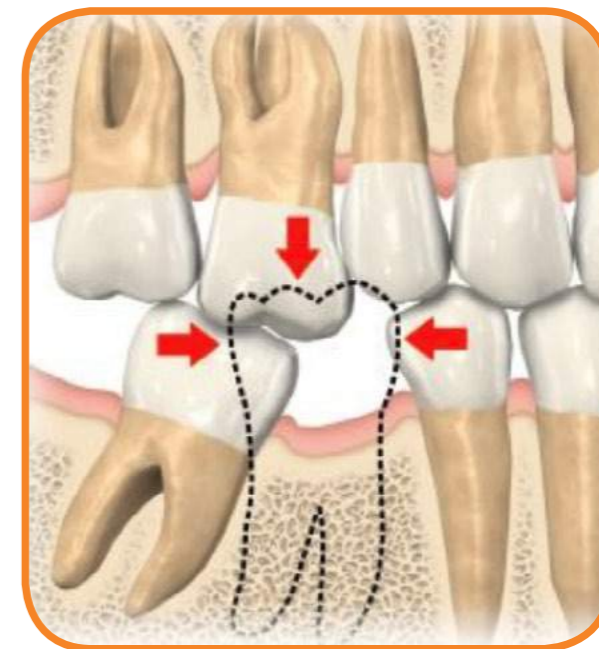
When we chew, a healthy tooth strengthens the quality of your jawbone. This is similar to how exercise protects against bone loss in your limbs. If your teeth go missing, your jaw bone will no longer be stimulated by your own teeth and tooth roots and hence start shrinking.

LOOK MORE AGED

Beyond the appearance of a gap in your smile, the loss of teeth could result in your lips no longer being supported from the inside. Your chin starts to move forward and upward, and your lips turn inward. Your cheeks may also become more hollow and saggy, giving you a more aged appearance.

“Did you know?”

The enamel on your teeth is the hardest and most highly mineralised substance in your body. It covers the outer layer of each tooth, and it is the most visible part of the tooth.





THE ABCS OF

TOOTH REPLACEMENT



Thankfully, you don't have to suffer the indignities of missing teeth these days.

With modern dental technology, you can restore your quality of life with teeth that are strong and that look and feel natural. Some of these dental solutions like dental implants have been used for decades.

Let us look at them in detail.

“Did you know?”

Dental implants are made of biocompatible materials, and hence are usually well accepted by your body.

WHAT ARE THE DIFFERENT TEETH REPLACEMENT OPTIONS AVAILABLE?

Depending on your tooth loss condition, there are various teeth replacement options available. Some of these options are permanent in nature, like dental implants. Others, like dentures, are temporary in nature. Each have their advantages and disadvantages.

DENTAL IMPLANTS

A dental implant is an artificial tooth root made of titanium which replaces your missing tooth. The dental implant is inserted into the jaw bone where the titanium then integrates with the bone. Just like your tooth root did before, the implant then builds a stable foundation for the crown, which will become the visible part of your new tooth. Dental Implants are normally around 10 mm long and only 3-5 mm wide at the top.

SINGLE MISSING TEETH

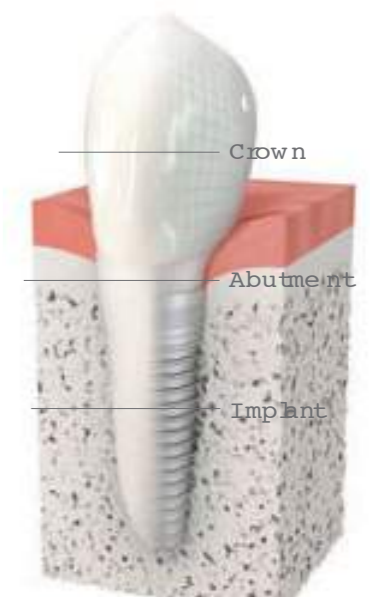
DENTAL CROWN AND IMPLANT

If you are missing only one tooth, an all-ceramic dental crown on a dental implant is often the best choice. The implant serves as a foundation for a dental crown.

The ceramic crown is then attached to the dental implant. It matches the shade and contour of your natural teeth so that no one can tell the difference. Replacing a single tooth with an implant-based solution does not compromise healthy adjacent teeth, nor is there a risk that continuing bone loss will weaken neighbouring teeth.

DENTURES

On the other hand, you may consider dentures if your tooth does not play a critical role in speech or eating. This could be affixed with structures to your existing tooth structure.



MULTIPLE MISSING TEETH

What if you have lost several teeth? You can consider getting bridges, bridges on implants or dentures. The differences between these options are below:

BRIDGES ON IMPLANT



| Number of implants | Affordability | Pros/Cons |
|--------------------|---------------|--|
| Two or more | \$\$\$ | <ul style="list-style-type: none"> Protects adjacent natural teeth Retain jawbone and minimise bone loss to maintain youthful look |

BRIDGES



| Number of implants | Affordability | Pros/Cons |
|--------------------|---------------|--|
| None | \$ | <ul style="list-style-type: none"> Adjacent natural teeth needs to be ground down to serve as a support |

DENTURES



| Number of implants | Affordability | Pros/Cons |
|--------------------|---------------|--|
| None | \$ | <ul style="list-style-type: none"> Affects chewing capacity Bone loss progresses Reduction in sense of taste as palate is covered by upper denture Easy-cleaning |

MISSING TEETH ON ENTIRE JAW (FULLY EDENTULOUS)

If you are missing teeth on an entire jaw, you can consider a couple of options. On this page, we have treatments offering different levels of stability, namely dentures, removable implants overdenture, and removal overdentures on an implant bar.

DENTURES



| No. of implants | Stability | Retention | Affordability | Pros/Cons |
|-----------------|---------------------------------|-----------|---------------|--|
| None | Weak; require denture adhesives | Removable | \$ | <ul style="list-style-type: none"> Affects chewing capacity Bone loss progresses Reduction in sense of taste as palate is covered by upper denture Easy-cleaning |

REMOVABLE IMPLANT OVERDENTURE



| No. of implants | Stability | Retention | Affordability | Pros/Cons |
|-----------------|--|-----------|---------------|--|
| Two or More | Stable; do not require denture adhesives | Removable | \$\$ | <ul style="list-style-type: none"> Easy-cleaning Chew with confidence Sense of taste not affected |

REMOVABLE OVERDENTURES ON AN IMPLANT BAR



| No. of implants | Stability | Retention | Affordability | Pros/Cons |
|-----------------|---|-----------|---------------|--|
| Two or More | Secure; stronger support due to implant bar; do not require denture adhesives | Removable | \$\$\$ | <ul style="list-style-type: none"> Easy-cleaning Chew with confidence Sense of taste not affected |

MISSING TEETH ON ENTIRE JAW (FULLY EDENTULOUS)

Listed here are permanent solutions that are anchored by strong permanent titanium fixtures. These options provide superior outcomes post treatment and help patients to restore their ability to eat while maintaining their looks.

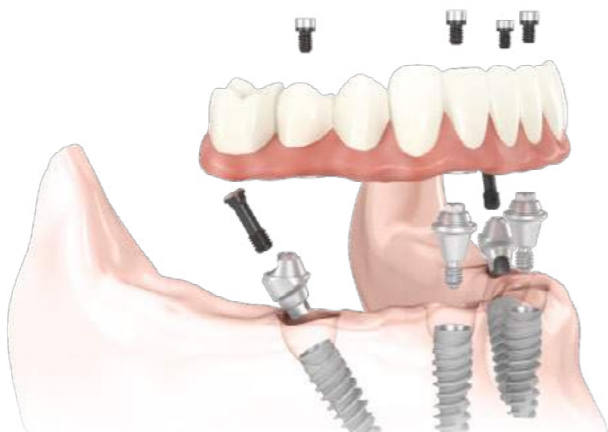
“Need help in choosing the right treatment?”
 Consult your dentist or SDG’s dental specialists to seek professional advice on the best replacement option for you.

FIXED IMPLANT SUPPORTED BRIDGES



| No. of implants | Stability | Retention | Affordability | Pros/Cons |
|-----------------|--|-----------|---------------|---|
| Four or more | Secure; stronger support due to more implants being used; do not require denture adhesives | Fixed | \$\$\$ | <ul style="list-style-type: none"> • Durable • Chew with confidence • Sense of taste not affected • Retain jawbone and minimise bone loss to maintain youthful look |

ALL-ON-4 TREATMENT



| No. of implants | Stability | Retention | Affordability | Pros/Cons |
|--|--|-----------|---------------|---|
| Four; of which two are special implants anchored at an angle | Secure; stronger support due to more implants being used; do not require denture adhesives | Fixed | \$\$\$\$ | <ul style="list-style-type: none"> • Special tilting of two of the implants reduce the need for bone grafting • Faster treatment and healing time • Chew with confidence • Sense of taste not affected • Retain jawbone and minimise bone loss to maintain youthful look |

MISSING TEETH ON ENTIRE JAW (FULLY EDENTULOUS)

Listed here are permanent solutions that are anchored by strong permanent titanium fixtures. These options provide superior outcomes post treatment and help patients to restore their ability to eat while maintaining their looks.

“Need help in choosing the right treatment?”
Consult your dentist or SDG’s dental specialists to seek professional advice on the best replacement option for you.

TREFOIL (LOWER JAW ONLY)



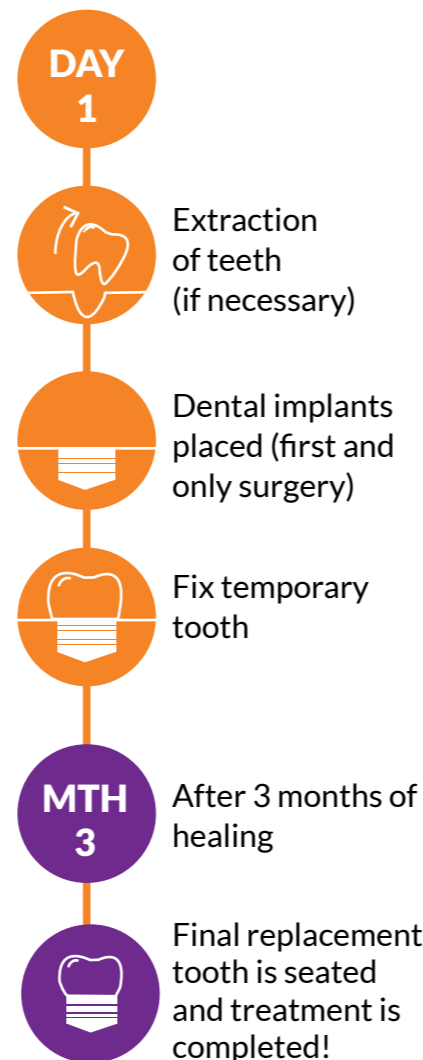
| No. of implants | Stability | Retention | Affordability | Pros/Cons |
|-----------------|---|-----------|---------------|---|
| Three | Secure; stronger support due to three implants being used; does not require denture adhesives | Fixed | \$\$ | <ul style="list-style-type: none"> • Durable • Higher bite force • Retain jawbone and minimise bone loss to maintain youthful look • High-quality and cost-efficient fixed solution |

Specialist Dental Group is the first dental clinic in Southeast Asia to offer the Trefoil solution to patients.

WHAT ARE THE SURGICAL PROCESSES AND TIME NEEDED FOR DENTAL REPLACEMENTS? HOW LONG DOES IT TAKE FOR PATIENTS TO RECOVER?

Contrary to popular belief, tooth restoring treatments like dental implants can be completed very quickly. Often, only one surgery is needed. Here are the two steps needed using an immediate placement method:

- Day 1: Extraction of teeth (if necessary) + dental implants placed (first and only surgery) + fix temporary tooth
- After 3 months of healing: final replacement tooth is seated and treatment is completed!



“Did you know?”
 You can complete your dental implants within just one day! It takes only two steps to complete.

At Specialist Dental Group, we have the expertise to place dental implants in one session. Your treatment plan will, however, be dependent on your dental condition. Depending on the treatment procedure, it may take between one and two hours. Afterwards, the implant often needs about three months to integrate so that it can fuse with the bone.

The better the quality of your bone, the better the conditions for the implant to fuse with your bone and the shorter your treatment duration.

Depending on your dental condition, a temporary tooth may also be provided during the integration period. Once this integration phase has been successfully concluded, your final replacement tooth can be attached.

Our techniques for immediate placement are far superior to conventional dental implant methods as shown in the visual below:



Courtesy of Nobel Biocare



WILL PATIENTS **EXPERIENCE ANY DISCOMFORT** DURING THE DENTAL IMPLANT TREATMENTS?

In most professional dental practices, local anaesthesia would be used during the implant placement surgery. This would minimise whatever discomfort experienced by the patient.

If you or your loved ones are more nervous, or are having a few implants placed in the same surgery, you can opt for intravenous sedation.

Specialist Dental Group's oral surgery team works closely with anaesthetists to provide an anxiety-free experience for patients who may be apprehensive about the procedure, or who may want to sleep through the whole process. By the time you are awake, you would have a completely new set of teeth!

“Did you know?”

Advances in anaesthetic treatments allow you to have your teeth replaced while you are sleeping.

WHAT ARE THE MATERIALS AND TECHNOLOGY USED FOR DENTAL IMPLANTS? HOW LONG CAN THEY LAST?

Most professional dental specialists would recommend a combination of dental implants made of Titanium, and crowns made of Zirconium.

“Did you know?”

The man-made material, Zirconium, used in the crowns of dental implants is almost as hard as a diamond and can last your whole life.

Titanium is currently the most suitable implant material. Used over many decades, Titanium implants are shown to be biocompatible with your body's tissues. They are also not known to trigger any allergic reactions.

Dental implants are solutions that are made to last as long as you do. Treated with proper care while practising good oral hygiene, your implant can last your entire lifetime.

Having said that, do take note that heavy alcohol consumption, smoking, diabetes, or other clinical conditions may interfere with an implant's integration process and its ultimate long-term success. People who grind their teeth at night must also undertake a careful evaluation with their dentist.



COMPARISON BETWEEN THE DIFFERENT DENTAL RESTORATION TREATMENTS

How do the different types of dental restoration treatments compare with one another? How do you choose one form of dental replacement treatment over another?

“Did you know?”

Dental implants are the only tooth replacement method which prevents bone loss in the jaw.

| | Status quo (i.e no treatment) | Dentures | Dental Implants | Crown/Bridge |
|---------------|-------------------------------|--|--|---|
| Purpose | - | Replace one or multiple missing teeth | Replace one or multiple missing teeth | <ul style="list-style-type: none"> • Crown on natural tooth: restores a damaged tooth • Bridges on natural teeth: replaces multiple missing teeth |
| Material used | - | Rigid acrylic resin or a type of flexible (nylon) polymer | <ul style="list-style-type: none"> • Titanium fixture • Zirconium crown/bridge | Zirconium: a man-made material that is similar to the zirconium used for man-made diamonds. |
| Benefits | - | <ul style="list-style-type: none"> • Basic solution to replace missing teeth • Lower in cost | <ul style="list-style-type: none"> • A proven and successful tooth replacement method. • Maintain youthful appearance by preventing bone loss. • Preserve healthy adjacent teeth. • More comfortable, stable and functional. • Functions, looks and feels like natural teeth. | It is strong and is natural-looking |
| Time needed | - | Multiple visits required to find the right fit | First visit to place the implants and temporary tooth (if any). Final crown to be seated after 3 months. | About 2 weeks (An urgent fee would be incurred if patient needs to complete treatment in 1 week) |

| | Status quo (i.e no treatment) | Dentures | Dental Implants | Crown/Bridge |
|--------------------------------|--|--|--|---|
| Side-effects/ complications | <p>The loss or damage of even a single tooth may affect how you lead your daily life (as seen in page 4).</p> <ul style="list-style-type: none"> • Impairment of speech • Possible bone loss • Inability to chew • Headaches and migraines • More aged look | <p>Possible gum irritation, pressure points, speech and taste impairment.</p> <p>Require use of denture adhesives.</p> | <p>Swelling and discomfort (if any) lasts for a few days.</p> | <ul style="list-style-type: none"> • Crown on natural tooth: restores a damaged tooth • Bridges on natural teeth: replaces multiple missing teeth |
| Costs (estimated) | <ul style="list-style-type: none"> • Decrease in quality of life and self-esteem. • Look more aged and less attractive. | <ul style="list-style-type: none"> • \$1,500 – 2,000 (one jaw only) • \$3,000 – 4,000 (complete set) | <ul style="list-style-type: none"> • \$5,500 – 6,000 (single tooth) • \$28,000 – 32,000 (all-on-4) | <p>Zirconium: a man-made material that is similar to the zirconium used for man-made diamonds.</p> <p>It is strong and is natural-looking</p> |
| Ongoing care | - | Cleaning and regular daily care needed | Maintain good oral hygiene, including good home care and regular dental check-ups | Maintain good oral hygiene, including good home care and regular dental check-ups |

“Did you know?”

You can complete your dental implants in just one day!



CAN DENTAL
IMPLANTS WORK
FOR **THE ELDERLY**
OR SENIORS?
WHAT ABOUT
FOR **YOUTHS AND**
YOUNG ADULTS?

Typically, implants are not placed in individuals whose jawbones have not fully developed. However, having good health is a primary deciding factor.

Patients who are not suited for dental implants may have uncontrolled diabetes, cancer, uncontrolled periodontal (gum) diseases, undergone radiation to the jaws, or be heavy smokers and drinkers.

Hence, it is important for you to inform your dentist about your medical status (past and present) together with all the medications which you are consuming, whether prescribed, alternative (herbal) or over-the-counter.

For healthy older patients, your prospects of success are virtually the same as for younger people. There is no maximum age for placement of dental implants – indeed, one of our most senior patient was almost a century old!

“Did you know?”

Patients as old as 90 years of age have successfully improved their quality of life with dental implants.

WHAT IF I HAVE ADVANCED GUM DISEASE I.E PERIODONTITIS? CAN I STILL BENEFIT FROM DENTAL IMPLANTS?

“Did you know?”

Gum disease is linked to infertility. It was found that women who had periodontitis (severe gum disease) require a few more months to become pregnant, while men suffering from periodontitis had a lower sperm count*.



To be considered for implants, your mouth must be in a healthy condition, with no untreated tooth decay or active periodontal (gum) disease.

If implants are fitted in the presence of active periodontitis, there is a danger that an infection may develop around the implant, which will lead to its failure and loss.

Hence, our dental specialists would work closely with you to ensure that your oral hygiene is of a high standard before treatment is offered, because the long-term success of implants depends on good plaque control. After your treatment is completed, you need to be willing to attend regular follow-up appointments with your dental specialists, so that he/she can assess the implants and take steps to prevent any complications at an early stage.

* Source: <http://www.ncbi.nlm.nih.gov/pubmed/25307820/>



I HAVE **CHIPPED MY TEETH**. WHAT **DENTAL REPLACEMENT PROCEDURES WOULD WORK BEST FOR ME?**

Depending on your condition, there are various treatment methods available, such as fillings, composite bonding, crowns, veneers or root canal treatment.

We advise you to seek professional help from a dentist or dental specialist for treatment.

I **GRIND MY TEETH AT NIGHT**. WHAT **DENTAL REPLACEMENT PROCEDURES WOULD WORK BEST FOR ME?**

It is crucial to find the underlying reason for teeth grinding (also known as bruxism) – it may be due to stress and anxiety, abnormal bite or sleep disorder (e.g. sleep apnea). One of the most obvious dangers of teeth grinding is teeth damage.

Bruxism may also cause other problems such as headaches, sore facial muscles or tender jaw joints. Hence, it is advised that you seek professional help from a dentist or dental specialist for treatment. One of the possible treatment option is a customised mouth guard.

Patients with uncontrolled bruxism are normally not good candidates for dental implants as they may grind the implant too far into their gum line and subsequently damage their jaw. Your dental specialist / dentist would need to examine your dental condition in order to advise you.

“Did you know?”

With proper professional maintenance and care, crowned teeth can last for decades.

“Did you know?”

Our doctors in Specialist Dental Group have over 200 years of combined experience in professional dental care.

HOW DO I SELECT **THE** **RIGHT DENTAL** **SPECIALISTS?**

To ensure that you have peace of mind when replacing your missing teeth or undergoing any other dental or gum treatments, you need to consult doctors with a breadth of experience across multiple disciplines. This is where our dental specialists / dentists at Specialist Dental Group comes in.

OVER 200 YEARS OF COLLECTIVE EXPERIENCE

Our team of Singapore-based internationally qualified dental specialists / dentists covers 6 specialty areas of dentistry and has a collective experience of more than 200 years.

MULTI-SPECIALTIES DENTAL CONSULTATION

Hailing from different dental and oral health speciality areas, our team of Singapore based dental specialists / dentists work hand-in-hand. This ensures that you can seek consultation from more than one type of dental specialist / dentist at the same appointment, and enjoy a comprehensive approach to your dental needs.

MEDICALLY COMPROMISED PATIENTS

As one of the few hospital-based dental practices in Singapore, our dental team is well-versed with medically compromised patients, and works closely other medical specialists to manage your treatment needs. Our close co-operation with the Mount Elizabeth Hospital and the Gleneagles Hospital offers you access to world-class medical care and facilities, together with interpretation and medical concierge services.

DENTAL THOUGHT LEADERS AND EXPERTS

Our doctors are key opinion leaders within their respective specialty areas. They are actively involved in sharing their expertise with fellow dental colleagues in Singapore and the region.



DR NEO TEE KHIN

BDS (Singapore), MS (Northwestern, USA),
Cert. Prosthodontics (Northwestern, USA),
Diplomate, American Board of Prosthodontics,
FRACDS (Australia), FAM (Singapore)
Specialty: Prosthodontics (Teeth Replacement)
Training: Singapore, USA
Qualified Since: 1991



DR HO KOK SEN

BDS (Singapore), MDS (Singapore),
FRACDS (Australia), FAM (Singapore)
Specialty: Oral & Maxillofacial Surgery
Training: Singapore
Qualified Since: 1997



DR ANSGAR C. CHENG

BDS (Hong Kong), MS (Northwestern, USA), Cert.
Prosthodontics (Northwestern, USA),
FRCO (Canada), FRACDS (Australia),
FAM (Singapore)
Specialty: Prosthodontics (Teeth Replacement)
Training: Hong Kong, USA
Qualified Since: 1990



DR EDWIN TAN

BDS (Singapore), MS (Northwestern, USA),
FAM (Singapore),
Cert. Prosthodontics (Northwestern, USA)
Specialty: Prosthodontics (Teeth Replacement)
Training: Singapore, USA
Qualified Since: 1989



DR HELENA LEE

BDS (Singapore), MSc (London), FAM (Singapore)

Specialty: Periodontics (Gum Treatment)

Training: Singapore, UK

Qualified Since: 1993



DR STEVEN SOO

BDS (Liverpool), MSc (London), PhD (London),
FAM (Singapore)

Specialty: Prosthodontics (Teeth Replacement)

Training: UK

Qualified Since: 1989



DR DEBBIE HONG

BDS (Singapore), MDS (Singapore), FAM
(Singapore)

Specialty: Oral & Maxillofacial Surgery

Training: Singapore, UK

Qualified Since: 2005



DR DAYLENE LEONG

BDS (Singapore), MS (Michigan, USA),
Cert. Periodontology (Michigan, USA),
Diplomate, American Board of Periodontology,
FAM (Singapore)

Specialty: Periodontics (Gum Treatment)

Training: Singapore, USA

Qualified Since: 2006



DR EUGENE CHAN

BDS (Singapore), MDS (Sydney),
PhD (Groningen), M Orth RCS (Edinburgh)

Specialty: Orthodontics (Invisalign® & Braces)

Training: Singapore, Australia

Qualified Since: 1997



DR MAY LING EIDE

BSc (Hons) (Glasgow), BDS (Hons) (Glasgow),
M ClinDent (Orthodontics)(London),
M Orth RCPS (Glasgow), M Orth RCS (Eng)

Specialty: Dental Surgeon with Postgraduate
Training in Orthodontics

Training: UK

Qualified Since: 2006



DR IRENE SIM

BDS (Singapore), M Endo RCS (Edinburgh),
MDS (Endodontics) (Singapore)

Specialty: Dental Surgeon with Postgraduate
Training in Endodontics

Training: Singapore

Qualified Since: 2006



DR BEN WANG

BDS (London), MGDS RCS (Ed), MClintDent (Periodontology) (London), M Perio RCS (Ed)

Specialty: Dental Surgeon with Postgraduate Training in Periodontics (Gum Treatment)

Training: UK

Qualified Since: 2011



DR TABITHA CHNG

BDS (Singapore), MS (Toronto, Canada), FAM (Singapore), FRCD(C), Diplomate, American Board of Pediatric Dentistry

Specialty: Paedodontics (Children's Dentistry)

Training: Singapore, Canada

Qualified Since: 2007

GIVE YOUR LOVED ONES A GIFT WORTH SMILING FOR

Attractive and healthy teeth play an important role in your general health and well-being. Unfortunately, your elderly family members may not have the benefit of education or knowledge of good oral practices in their youth, and this could have led to the loss of their teeth.

With the advanced state of dental implants technology, you can offer your loved ones a gift that is worth smiling for. You can help them to look and feel more confident, enjoy the tastes of delicious foods, and be free to laugh and sing with their friends and family.

“Did you know?”

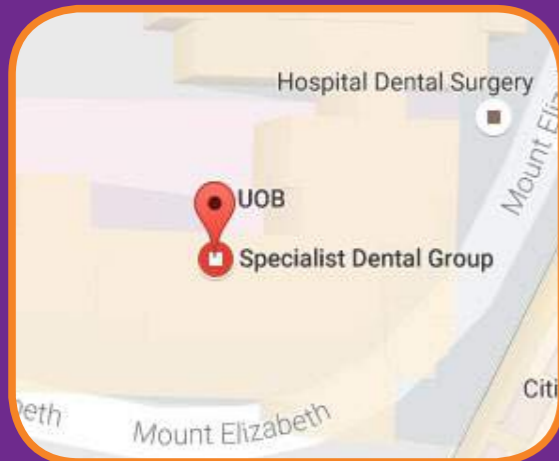
Dental implants function and act just like your natural tooth root. In other words, you do not feel any difference in your normal eating, talking or singing activities.



CONTACT US

TO LEARN MORE ABOUT DENTAL RESTORATION TREATMENTS

Located within the convenient Mount Elizabeth and Gleneagles Medical Centres, our dental specialist clinics are within easy reach by train, bus or car. Drop us an enquiry here, or visit us at our locations below.



Mount Elizabeth Orchard

3 Mount Elizabeth, #08-03/04/10,
Mount Elizabeth Medical Centre,
Singapore 228510

- ☎ (65) 6733 7883
- ✉ info@specialistdentalgroup.com
- 📅 www.specialistdentalgroup.com
- 🕒 **Mon - Fri:** 9:00 am - 5:30 pm
Sat: 9:00 am - 1:00 pm
Closed on Sundays/ Public Holidays



There is a taxi stand right outside the Mount Elizabeth Medical Centre.



Take Exit A at the Orchard MRT. Walk towards Lucky Plaza.



Buses on Orchard Road (Tangs and Lucky Plaza bus stops) are: **7, 14, 16, 36, 65, 111, 123, 124, 143, 162, 174, 502 and 518.**



Gleneagles Medical Centre

6 Napier Road, #07-17,
Gleneagles Medical Centre,
Singapore 258499

- ☎ (65) 6733 7883
- ✉ info@specialistdentalgroup.com
- 📅 www.specialistdentalgroup.com
- 🕒 **Mon - Fri:** 9:00 am - 5:30 pm
Sat: 9:00 am - 1:00 pm
Closed on Sundays/ Public Holidays



There is a taxi stand right outside the Gleneagles Medical Centre.



Buses on Napier Road (bus stop outside Gleneagles):
Bus **7, 75, 77, 105, 106, 123, 174, 174E and NR8**

OUR AWARDS & ACHIEVEMENTS



Bronze Award
Singapore HEALTH Award

2014



Best Healthcare Experience
Singapore Experience Award

2012



Winner, "Promising Brand"
Singapore Prestige Brand Award

2011



Singapore Service Class 2016

“Did you know?”

Specialist Dental Group was founded in 1979 as a single clinic by the late Dr Henry Lee, a well-respected oral surgeon and dental specialist in Singapore.